

HEALTHCARE

ADULT DAY CARE

Community Respite Center

517-788-7533

LifeSpan – A Community Service
524 Lansing Ave., Jackson, MI 49201
www.communityrespite.com

Service: Center based respite facility providing service seven days a week. Overnight stays available up to two weeks per time.

Daybreak–Adult Day Services

517-266-2588

Lenawee Department of Aging
327 Erie, Adrian, MI 49221
www.lenaweeseniors.org

Service: A secure environment provided for individuals who seek socialization, display age-related challenges and/or, cannot be left alone safely. Professional staff provides assessment, care planning, health monitoring, a hot meal and snacks for participants. Physical, cognitive and social activities are offered throughout the day.
Eligibility: 55+ and display age-related challenges, or cannot be left alone safely.
See our ad on page 23.

Legacy Club-Hillsdale

517-437-2422 or 800-479-3348

County Senior Services Center, Inc.
320 West Bacon Road, Hillsdale, MI 49242

Service: Our program provides stimulation, structure, supervision, socialization and nutritious meals in a safe rewarding environment.
See our ad on page 13.

Spring Arbor Assisted Living Center Respite Program

517-750-2700

3700 S. Dearing Rd., Spring Arbor, MI 49283
www.gantonretirement.com

Service: We offer adult day care and respite, including meals, social activities, medication assistance, and assistance with bathing, grooming and laundry for longer stays.
Eligibility: 60 years and older, chest x-ray within the past 12 months.
See our ad on page 27.

Summit Park Assisted Living Center Respite Program

517-782-8888

2100 Park Road, Jackson, MI 49203

www.gantonretirement.com

Service: We offer adult day care and respite, including meals, social activities, medication assistance, and assistance with bathing, grooming and laundry for longer stays.

Eligibility: 60 years and older, chest x-ray within the past 12 months.

See our ad on page 27.

COUNSELING SERVICES

Adrian Psychotherapy Assoc., P.C.

517-264-2287 or 517-902-8868

604 N. Main, Adrian, MI 49221

Service: We have been providing counseling services at the same location since 1982. We are handicap accessible.

Allegiance Access Center

Crisis Line: 800-531-3728

517-789-5971

205 N. East Ave., Jackson, MI 49201

www.allegiancehealth.org

Service: Assistance 24 hours a day, 7 days a week for those who need help with emotional, psychological or substance abuse problems.

At-Home Counseling, LLC

517-914-8966

1055 Almo Court, Tecumseh, MI 49286

Service: Provide home based services for seniors in Lenawee County. Medicare and most other insurances accepted.

Catholic Charities of Jackson

Lenawee and Hillsdale Counties

517-263-2191

199 N. Broad St., Adrian, MI 49221

Service: Counseling for people of all ages with behavioral, marriage, emotional, sexual or substance abuse problems.

Choice Connections

517-262-1899

857 Woodworth Rd., Jackson, MI 49202

www.choice-connections.com

Service: Free service for families/senior searching for assisted living options. Find the perfect fit.

Eligibility: Elderly and their families searching for alternative lifestyle options.

Counseling of Lenawee, P.C.

517-673-3274

127 S. Winter St. Suite A, Adrian, MI 49221

517-424-7345 or 517-423-3520

127 N. Evans St., Tecumseh, MI 49286

Service: Most insurance accepted. Grief, depression and anxiety counseling, substance abuse counseling, driver license assessments, drug testing, alcohol assessments.

Family Counseling & Children's Services

517-265-5352

220 N. Main St., Adrian, MI 49221

www.fccservices.org

Service: Our outpatient mental health clinic provides family, marital and individual counseling services.

Hillsdale County

Senior Services Center, Inc.

517-437-2422 or 800-479-3348

320 W. Bacon St., Hillsdale, MI 49242

www.hillsdaleseniorcenter.org

Service: Our counseling services include emotional support, problem identification, resolution techniques and skill building.

See our ad on page 13.

LifeWays

517-439-2641 or 800-284-8288

25 Care Drive, Hillsdale, MI 49242

Service: Behavioral health services for those with serious mental illness, developmental disabilities and substance use disorders.

Eligibility: Hillsdale County, low-income and indigent persons.

Michelle L. Liska, MSW, LMSW, CAADC

517-414-7749

101 E. Bacon St. #201, Hillsdale, MI 49242

Service: Counseling services for seniors who are experiencing depression, anxiety and concerns about change.

Veterans Administration Medical Center - Ann Arbor

734-769-7100

2215 Fuller Road, Ann Arbor, MI 48105

Service: We offer substance abuse and psychological counseling for veterans. Free to eligible veterans

DENTAL RESOURCES

Mobile Care Group

810-394-5616

1874 Enterprise, Troy, MI 48083

www.mobilecaregroup.com

Service: We provide on-site dental services to nursing homes and assisted