

4-24 hours. Meals activities, toileting, health monitoring and medication administration are included.

COUNSELING SERVICES

Americans Home Health Care

866-791-7951

2575 N. McLeod Drive, Suite C
Saginaw, MI 49604

Service: We offer short-term in-home therapy. Our nurses and social workers are trained to help in areas such as coping, grief, depression, anxiety and substance abuse.

CMU Carls Center for Clinical Care & Education

989-774-3904 V/TTY

1101 Health Professions Building
Mount Pleasant, MI 48859
www.carlscenter.cmich.edu/chp/x1321.xml

Service: Individual, family and group mental and behavioral health counseling. The PTCC serves all ages. Sliding fee discounting is available.

See our ad on page 6.

CrossRoads Counseling Ministries

989-652-0764

P.O. Box 88, Frankenmuth, MI 48734

Service: Christ-centered counseling by licensed professional counselors.

Hillside Center for Behavioral Services

810-424-2400

8435 Holly Road, Grand Blanc, MI 48439
www.genesys.org

Service: We are an outpatient treatment clinic offering a full array of behavioral health services to children, adolescents, adults and seniors.

McLaren Visiting Nurse & Hospice

866-323-5974

1515 Cal Drive, Davison, MI 48423

800-862-3132

3140 West Campus Drive
Bay City, MI 48706
www.McLarenAtHome.org

Service: Certified home health care, hospice and palliative care, corporate and community wellness, medical supplies and equipment, pharmacy and infusion services, lifeline.

Pine Rest Christian Mental Health Services

616-455-5000

300 68th Street SE
Grand Rapids, MI 49548
www.pinerest.org

Service: Inpatient psychiatric hospitalization, counseling and therapy at over 16 locations, residential services, specialized services for Senior Care.

Midland Senior Services

989-633-3700 or 800-638-2058

4700 Dublin Ave., Midland, MI 48642
www.seniorservicesmidland.org

Service: Professional counselor provides assessment and short-term, supportive counseling for seniors who are experiencing depression, anxiety, have concerns about lifestyle changes, family and marital conflict, grief, the stresses of caregiving and other issues. Counseling offered in individual, family and group settings, transportation and home visits can be arranged.

Eligibility: Midland County resident, age 60 years and older.

See our ad on page 2.

Shiawassee County Community Mental Health Authority

989-723-6791

PO Box 428, 1555 Industrial Drive
Owosso, MI 48867

Service: Full-time elder specialist providing a variety of services.

Eligibility: Shiawassee County resident.

DENTAL RESOURCES

Mobile Care Group

888-685-3937

1874 Enterprise, Troy, MI 48083
www.mobilecaregroup.com

Service: Coordinate monthly on-site services (nursing and residential homes). Clinical care and two-year replacement program.

Eligibility: We bill Medicare, Medicaid and 3rd party insurance directly.

DIAGNOSIS AND EVALUATION

Memorial Healthcare Sleep Center

989-729-4346

826 W. King, Owosso, MI 48867

Service: Sleep studies to help diagnose a

Additional copies of Tri-City/Flint Senior Preferences can be obtained from our advertisers as well as the following locations:

Region VII Area Agency on Aging

1615 E. Euclid Ave.
800-803-7174
Bay City

Senior Services

4700 Dublin Ave.
989-633-3700
Midland

The Bay County Division on Aging

515 Center Ave., Suite 202
877-229-9960
Bay City

The Saginaw County Commission on Aging

2355 Schust Road
989-797-6880
Saginaw

The Shiawassee County Council on Aging

300 N. Washington St.
989-723-8875
Owosso

wide range of sleep disorders including Sleep Apnea, Narcolepsy, Periodic Leg Movement, Restless Leg Syndrome and much more.

See our ad on page 4.